

AFN/MOBIL CHAMPIONSHIP TRIALS ENTRY STANDARD

MEN	EVENTS	WOMEN
10:50s - 10:60sec.	100m	11:70 - 11:80sec
21:30s - 21:50sec	200m	24:30 - 24:50sec
47:50s - 48:00sec	400m	54:50 - 55:50sec
01:52s - 01:53sec	800m	2:08 - 2:10sec
03:50s - 03:52sec	1500m	4:29 - 4:30sec
09:10s - 09:30sec	3000m sc	9:45 - 10:00sec
14:30s - 15:00sec	5000m	16:30 - 17:00sec
30:00s - 31:00sec	10,000m	33:00 - 35:00sec
14:00 s- 14:40sec	110m/100mh	13:70 - 14:00sec
51:00s - 52:00sec	400MH	57:00 - 58:00sec
01:98m	H.J	1:65m
7:20m	L.J	5:65m
14:80m	T.J	12:50m
3:80m	P.V	3:00m
13:90m	S.P	12:00m
45:00m	Discus	35:00m
45:00m	Hammer	45:00m
55:00m	Javelin	35:00m